## SCHOOL HEALTH ADVISORY COUNCIL

Date: January 16, 2020 Location: C & I Meeting Room

I. Lunch

## II. Welcome

- Shari Phillips welcomed everyone as they finished lunch
- Motion to approve minutes from the November 21, 2019 meeting was given by Melissa Bousquet with Becky Scasta seconding, and passed unanimously.
- Introduction of new members/guests: Erica Scott with Texas Star Kids was filling in for Arsenia; Jade Edgar with the AgriLife Extension office; and Kineta Holsworth, Clinical Director for the Children's Advocacy Center.

## III. SHAC Updates

- Youth Mental Health First-Aid opportunities North Texas Behavioral Health Authority hosted trainings in Midlothian on Jan. 13<sup>th</sup> and 20<sup>th</sup> – flyer handout given if persons interested in registering for the Jan. 20<sup>th</sup> training
- Cupid Shuffle-5K Fund Raiser being held February 15<sup>th</sup> early registration will be \$25, employees of WISD \$20, and any running program of the district can register as a group for \$5; early registration ends Feb. 8<sup>th</sup> and price goes to \$30 – registered participants receive a small gift bag
- Aspire Program update a partnership with MD Anderson that offers vaping and tobacco related curriculum to help students quit – there are "Quit Kits" still available
- Trauma Informed Care a counseling group that would send a mental health counselor every week all year long to work with the district's mental health students; there would be no cost for the service to the student but the district would be responsible for some cost. Counselor would meet with the student at school for a 30-45 minute session, and would perform a CANS assessment to see the number of sessions needed.
- Tip411 program is still working well; 39 tips in December with 21 being on the same day due to a threat at Coleman JH; only 5 reports thus far in January – program is liked because it does give an opportunity to contact the person making the tip back
- Stop the Bleed update training for district nurses and security officers was done Jan. 7<sup>th</sup> so there are at least 2 people per campus trained right now; Lisa Mott and David Averett are helping with the roll out for teacher training and will be discussed at District Crisis Management Team meeting; HOSA Club at WHS made "Stop the Bleed" kits that are on campuses

- Mental Health First Aid training retouch on flyer given for training opportunity in Midlothian; mental health is the biggest health issue seen in schools
- Drug Testing only the junior high campuses were tested in December due to testing at the high school campuses – still have 100% negative results at the junior high level – not getting positive results at that level with extended panel – possible switch back to small panel testing at junior highs
- IV. SHAC Presentations
  - Texas Mobile Imaging Jerry Hancock, Health Screening Coordinator passed out folders with data regarding vascular and organ disease scanning and how the scanning can save lives with early detection – would like to schedule to bring the mobile scanning unit to WISD to scan faculty and staff and their immediate family members; 3 different vascular scans can be done – each for \$50 or all 3 for \$125

## V. SHAC Sub Committees

- Campus Community Involvement Policy for P.I.E. members are still needed for subcommittee to meet
- Head Lice Policy Review Committee the first meeting was mainly informative committee hoping to make a recommendation to change the policy after their 2<sup>nd</sup> meeting
- SHAC Committee talked about possibly recommending a School Health Committee be formed to address students' health & hygiene this will be discussed at the next SHAC meeting

Motion to adjourn was made by Ginger Robinson and seconded from Pam Butler, and passed with only 1 nay from Ryan Kahlden. The next meeting will be held Thursday, February 20, 2020.